

2006 Bill Crawford Memorial Winter Classic
presented by
Valley Forge Masters Swim Team

Sanctioned by Delaware Valley LMSC #086-006

- Date: Sunday, March 26, 2006
- Time: 8:00 am warm-up, 8:45 am start for 500 yd. Free to be followed immediately by the 400 IM. The third event will not begin prior to 10:00 am. There will be a 30 minute warm-up between events 2 and 3.
- Location: Villanova University's Pavilion Pool, Villanova, PA. The facility features a 10-lane, 25-yard pool. Two warm-up lanes will be available throughout the meet.
- Eligibility: The meet is open to all USMS-registered swimmers, 18 and older. A copy of your 2006 USMS registration card **must** be included with your entry. Pending memberships will **not** be accepted.
- Events: Participants are limited to five individual events.
1. 500 yd. Freestyle (Deck seeded)
 2. 400 Individual Medley (Deck seeded)
- 30 minute warm up. Start of Event 3 no sooner than 10:00 am**
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|------------------------------|--------------------------|
| 3. 100 yd. Individual Medley | 10. 50 yd. Butterfly |
| 4. 200 yd. Butterfly | 11. 200 yd. Freestyle |
| 5. 50 yd. Backstroke | 12. 200 yd. Breaststroke |
| 6. 100 yd. Breaststroke | 13. 100 yd. Backstroke |
| 7. 50 yd. Freestyle | 14. 100 yd. Butterfly |
| 8. 200 yd. Backstroke | 15. 50 yd. Breaststroke |
| 9. 200 yd. Individual Medley | 16. 100 yd. Freestyle |
- Awards: Awards will be given for 1st through 6th place in each age group for men and women. A high point award will be given to the male and female swimmer in each age group scoring the highest number of points in individual events. Points will be awarded as follows: 7-5-4-3-2-1. No awards will be mailed.
- Entry fee: \$4.00 per event, plus \$5.00 per swimmer to cover equipment/operator.

Entry fees will not be refunded.

Seeding: All events except the 500 yd. Freestyle and 400 IM will be pre-seeded according to entry time, slowest to fastest. The 500 free and 400 IM will be deck seeded. Check-in for the 500 Free will close at 8:20 am. Check in for the 400 IM will close at 8:30 am. You can also check in for 500 Free and/or 400 IM on Saturday by 6:00 PM by using this e-mail address, dina.dormer@villanova.edu

Times will be submitted to USMS Top Ten consideration.

Refreshments: Healthy snacks and drinks will be available throughout the meet.

Due Date: The signed release, a copy of your 2006 USMS registration card, entry fee and events you intend to swim must be **received** no later than Friday, March 17, 2006. Send to: Dina Dormer, 457 Colfax Road, Havertown, PA 19083. If you need to contact Dina Dormer by phone please call: 610-519-6437

Inquiries: VFM webpage can be accessed for information about the meet, psych sheets, meet timeline, entry form, on-line registration. and status of meet: www.bee.net/dcastell/billcrawfordmemorialclassicmeet.html Additional questions, contact: Judy Michel swimichel@mac.com

Results: Results of the meet will be posted on the website within 3 days after the meet. Event results will be posted at the pool as soon as possible after each event.

Entries must be received no later than March 17, 2006. Checks should be made payable to: **Valley Forge Masters. You must include a copy of your 2006 USMS registration card. Entries will not be accepted by fax or phone.**

	Event #	Event Name	Seed Time	Club Name	Age/Sex
1.	_____	_____	_____	_____	_____
2.	_____	_____	_____		
3.	_____	_____	_____		
4.	_____	_____	_____		
5.	_____	_____	_____		

“I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. **AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, DELAWARE VALLEY MASTERS SWIM COMMITTEE, VALLEY FORGE MASTERS, VILLANOVA UNIVERSITY, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEET OR SUPERVISING SUCH ACTIVITIES.** In addition, I agree to abide by and be governed by the rules of USMS.”

No. of Events _____ X \$4.00 \$ _____ Date _____ **2006** USMS # _____

Surcharge + 5.00 Signature _____

Total Enclosed \$ _____ Printed Name _____

Street Address _____ City _____ State _____ Zip _____

Phone (days) _____ E-mail address _____

For confirmation of receipt of entry form.

Directions

The Villanova University Pavilion Pool is on the corner of Lancaster and Ithan Avenues.

From Interstate 476 (Blue Route): Take exit 13 (Villanova/St. Davids), then take route 30 east (Lancaster Ave.) past the intersection of route 320. The second traffic light after route 320 is Ithan Ave. Take a right and park in the large lot on your left. Walk back across route 30 and enter the building through the Ithan Ave. entrance, mid block on the right.

From New Jersey Turnpike: Take exit 6 of the NJ Turnpike onto the Pennsylvania Turnpike. Exit the PA Turnpike at I-476 south to exit 13. Follow above directions.

From Delaware and Maryland: Take I-95 north into Pennsylvania. Exit onto I-476 north to exit 13. Follow above directions.

From Northeast Extension/Western NY State: Northeast Extension is I-476. Follow south, using above directions.

From Western Pennsylvania: Take Pennsylvania Turnpike to I-76 East (Schuylkill Expy.). Exit onto I-476 south and follow above directions.

Local Restaurants

Minella's Diner: 320 West Lancaster Ave., Wayne. 610-687-1575. 10 mins. west of campus.

McDonalds: Lancaster Ave., Rosemont. 2 mins. east of campus.

Peace a Pizza: Lancaster Ave., Rosemont. Just past McDonalds.

There are many other restaurants in the Bryn Mawr (east) and King of Prussia (west) areas (at exit 24 of the PA Turnpike, where it meets I-76). 15-20 mins. from campus.

Hotels

Radnor Hotel: St. Davids, PA. 610-688-5800. 5 mins. west of campus.

Wayne Hotel: Wayne, PA. 610-687-5000. 10 mins. west.

MacIntosh Inn: King of Prussia, PA. 610-768-9500. 20 mins. northwest.

Marriott Courtyard: Valley Forge, PA 610-687-6700. 15 mins. northwest.
Devon, PA. 610-687-6633. 15 mins. west

Marriott Hotel: Philadelphia West, West Conshohocken, PA. 610-941-5600. 10 mins. north.